

Child Development Observation Form

1. Observe the experience

Early childhood, approximately 0-6 years. Use relevant prompts for the child and context. This is a pedagogical form, not a developmental checklist or diagnostic test.

Child / group reference (avoid full names)

Age / age range

Date and observation period

Observer / role

Context, materials and observation question

Where does this take place? What do you want to understand?

Select relevant areas of attention

- | | |
|--|--|
| ☐ Communication and language | ☐ Body, movement and coordination |
| ☐ Play, relationships and participation | ☐ Creative expression |
| ☐ Thinking, exploration and problem-solving | ☐ Everyday care and independence |
| ☐ Feelings, boundaries and well-being | |

What did you see and hear?

Describe actions, gestures, words and sequence. Keep interpretations for page 2.

What did the adult do, and what happened next?

Record support, changes in materials or space, and the response you observed.

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2. Interpret, plan and review

Strengths, interests and the child's perspective

What choices, initiatives, enjoyment, hesitation or refusals were expressed?

Possible interpretations and unanswered questions

Separate evidence from assumptions. Consider other explanations and your expectations.

Next pedagogical adjustment

What will change in the environment, materials, time or adult support?

Who will follow up?

When will you review?

Review after the adjustment

What changed? What evidence supports continuing, extending or revising the plan?

Sources and use

Original IM template informed by Udir guidance. The prompts are not age-based milestones or a validated assessment scale. Store completed records only through your institution's approved procedures.

Udir (2024). Observasjon. Updated 19 November 2024.

Rammeplan: Planning, documentation and assessment (chapter 7).

Rammeplan: Learning areas (chapter 9).

Source pages checked 10 September 2026. Tap a reference to open it.